## RULES AND WAIVER SWEDEN3DAYS 2024



**RULES:** To make SWEDEN3DAYS as safe and fair as possible we have rules/regulations. Our applied rules are based on the UCI rules with useful input from Cycling Australia's "Penny Farthing Technical Regulation" (draft May 2019). We have tried to use the same language/tone as in those documents.

## 2.2 Equipment

The bicycle must have a direct drive front wheel where the cranks are directly attached to the hub (no type of gear, free wheel or chain is permitted). One full rotation of the front wheel must be equate to one full rotation of the cranks. The front wheel must have a minimum diameter of 44" (110cm). The minimum weight of a bike must be at least 10kg. Brakes will only be permitted in Race 1 (all brakes must be disabled in stage 2-4). Cleats (spd, etc) and straps are permitted. All bikes will be carefully checked before the race by the commissaire. Bikes which not seems to be solid enough will not be permitted in any of the races.

2.3 Helmets All riders are required to wear a helmet meeting international standards.

## 3.0 Race

A pre-race meeting is held ahead of every race. This meeting is mandatory to all participants.

WAVIER: I understand that this race is not only a game and promise to abide by all the rules, regulations and instructions laid out by the race organization. I also understand that I am responsible for the management of my own health and safety and agree to stop racing and drop out of the race immediately if I feel unwell/sick. I will contact the race organization before the race regarding any allergies, medical issues and/or religious issues that the race staff should be aware of in case I require emergency treatment during the race. I will not hold the race organization and any related parties liable for any reason whatsoever if I am injured during the race and/or during any events related to the race.

FORCE MAJEURE / ACT OF GOD: I will not hold the race organization and any related parties liable or responsible for any changes to the race or the cancellation of the race due to unforeseen and uncontrollable factors.

YES, I UNDERSTAND

NAME

DATE

SIGNATURE